



Hike Risk Assessment - Cummingston



Name of Activity/Event and location.	Climbing/Abseiling - Cummingston	Date risk assessment undertaken.	01 Jun 21	Risk assessment undertaken by?	Stu McIntyre
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Hazard	Risk	Who Is At Risk	Measures to reduce risk	Review/Notes
Trips, slips and falls	Sprains, breaks, cuts and bruises.	All participants.	<ul style="list-style-type: none"> -Briefing at start of activity informing Explorers/Scouts/Cubs of the topography of area. -Ensure correct (sturdy hike boots are worn). -Route choice change, depending on weather. 	
Weather	Hyper or hypothermia	All participants.	<ul style="list-style-type: none"> -Ensure all participants have correct clothing and equipment. -If required ensure sun screen is applied. -Ensure water is carried and drank regularly. 	
Water	Drowning	All participants.	<ul style="list-style-type: none"> -Extra vigilance by group, reminder not to enter the sea. -Beach play is acceptable. 	
Ticks	Lyme's disease	All participants.	<ul style="list-style-type: none"> -Depending on route advise group to wear long trousers/socks. -Avoid contact with sheep. 	



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Climbing/Abseiling	Physical injuries, fractures, death from falls during either activity.	All participants.	<ul style="list-style-type: none"> -All equipment is checked before use and regular inspections carried out by the supervisor. -Any equipment that is questionable is immediately taken out of action. -The participant will be attached to the climbing rope with a re threaded figure of eight and stopper knot. -For abseiling the participant will control their own descent whilst also attached to a safety belay line, controlled by an instructor -During Abseiling the supervisor will ensure no unsupervised YP are at the top of the crag. 	
Climbing/Abseiling	Items falling on to heads causing impact injuries	All participants.	<ul style="list-style-type: none"> -All participants will be wearing helmets. -Climbers and those abseiling will be asked to empty their pockets. -Those not taking part will be held in a "safe" area were there is no risk of falling objects. 	



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Climbing/Abseiling	Harnesses / systems failing due to poor fitting.	All participants.	-Once fitted by the supervisor the harness will be second checked by an instructor. -Any time a harness is removed the fitting process is to be repeated.	
Climbing/Abseiling	Anchor failure with subsequent fall of individual.	All participants.	-All anchors to be checked prior to rigging and rechecked at least once per half day and once at lunch time. -All karabiners used are to be screw gate and placed back to back if there is and assessed risk or movement.	
Abseiling	Long hair becoming tangled in descender	All participants.	-Instructor to ensure long hair is tied back prior to activity.	
Road Traffic.	Injury	All participants.	-Prior to activity, re brief on road safety due to vehicles in carpark.	